

Moonlight Walk 2026

Frequently Asked Questions



How long is the walk?

The walking route is 5 kilometres and will see us depart at Dunmail Park onto the cycle path, walk into the town centre, reaching our halfway point of Workington Hall, then turning back through the town centre and walking along the roadside to return to Dunmail Park. We estimate that this will take anywhere between 1-2 hours depending on your pace – the walk is not a race, and your safety and enjoyment is our priority.

Who can take part?

The event is open to everyone aged 8 and over, anyone under 18 must be accompanied by an adult. Whether you have been supported by our services previously or you are an entirely new supporter of ours, we would love for you to join us.

What time do we need to arrive?

Our event hub at J Edgar & Son, Dunmail Park, will open at 6:30pm, from which time you will be able to register your attendance and enjoy our food and drink stalls, live entertainment, and warm up, before we set off on the walk at 8:30pm.

Can I sign up to take part on the night?

No, all registrations must be made before our closing date of Wednesday 16th September, via our online registration form. If you cannot access the online registration form, please call our fundraising team on 01900 873173 and we will be happy to help.

Do I need to fundraise?

Yes, we ask all adult participants to raise a minimum of £35 in sponsorship, and will support you however we can to reach this target. While there is no minimum sponsorship requirement for children taking part in this event, we encourage all participants to ask friends and family to show some support and help us continue to be there for patients and their families in our local community when they need us most.

Can I buy accessories at the event hub?

Yes – we will have light up boppers available for a donation to help you light up the night, and will also have face painting and glitter tattoos available.

What do I need to bring with me on the night?

When you arrive, head to our registration desk to show us your registration confirmation email, this can be a printed copy or on your mobile device. You will have collected your t-shirt from us prior to the event, so remember to wear this and any light up accessories you would like to wear. We advise that you bring a handheld or head torch for any dimly lit areas of the walk, as well as bringing along any refreshments that you would like, though there will be the opportunity to purchase refreshments at our event hub.

When can I collect my t-shirt?

We will be holding collection days in the weeks prior to the event for you to collect your Moonlight Walk t-shirt to wear on the night, and will let you know the details nearer the time. You can then decorate your t-shirt with the name(s) of those you are walking in memory of. If you cannot make any of our collection days, your t-shirt can be collected on the night from our event hub.

Can I bring my dog?

Absolutely - well-behaved dogs on leads are welcome to join our Moonlight Walk. We ask that if extendable leads are used, that these are fixed at 1 metre, and that you respect our environment and clean up after your dog.

Can I consume alcohol?

The consumption of alcohol is NOT permitted at any time during the event. Anyone who is found with alcohol in their possession or who is deemed to be under the influence of alcohol will be asked to leave the event.

Will there be toilets?

Yes, there will be portaloos available, including an accessible toilet, at our event hub at J Edgar & Son, provided by GAP Hire Solutions, for use at the start and end of the walk. Please note, there will be no toilet provision during the walk itself.

Where can I park my car?

Free parking will be available for event participants on Dunmail Park car park. We encourage participants to car share where possible.

I have a question that hasn't been answered here, who do I contact?

You can contact our fundraising team by emailing info@hhwc.org.uk or by calling 01900 873173, and we will be happy to help with any queries you may have.